

# Project Announcement

## Muscles in Action!

Dear Parents,  
We are excited to inform you that our Grade 3 students will be working on a Science Project about muscles and movement. The project will be done at home with your support and will be graded.

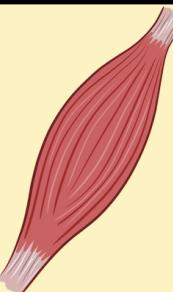
**Project Task:**  
Students will create a model of muscles using balloons and cardboard to show how muscles work in pairs (one contracts while the other relaxes).  
👉 **In addition**, each student should write a short explanation (4–6 sentences) about how muscles help to move the bones.

**Submission Date:**  
October 13<sup>th</sup>  
(or earlier)

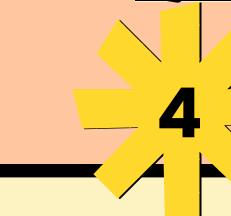
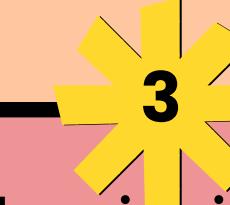
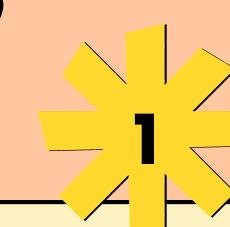


**Materials Suggested:**

- Balloons
- Cardboard
- Glue or tape
- Scissors (with parental supervision)
- Markers or colors (optional for decoration)



We kindly ask for your guidance and encouragement, but the work should reflect the child's effort and creativity.  
Thank you for your cooperation and continuous support.  
Together, let's make Science fun and meaningful!  
Warm regards,  
Grade 3 Science Teacher



# Project Rubric (10 Marks Total)

CRITERIA	EXCELLENT (2)	GOOD (1)	NEEDS IMPROVEMENT (0)	MARKS
Creativity & Design	ORIGINAL, CLEAR, AND ATTRACTIVE MODEL	MODEL IS CLEAR BUT CREATIVITY IS NOT EVIDENT	MODEL IS INCOMPLETE OR UNCLEAR	/2
Accuracy of Concept	CLEARLY SHOWS HOW MUSCLES CONTRACT & RELAX	SHOWS MOVEMENT BUT WITH SMALL MISTAKES	MODEL DOESN'T SHOW CONCEPT CORRECTLY	/2
Neatness & Effort	WELL-PRESENTED AND TIDY	FAIRLY NEAT	UNTIDY OR RUSHED	/2
Written Explanation	CLEAR, CORRECT, AND COMPLETE	PARTIALLY CLEAR WITH MINOR MISTAKES	MISSING OR INCORRECT EXPLANATION	/2
Submission on Time	SUBMITTED ON OR BEFORE DUE DATE	SUBMITTED 1 OR 2 DAYS LATE	SUBMITTED MORE THAN 2 DAYS LATE	/2
Total Marks				/10

Hanover

