

Worksheet 1: The Past simple and the past continuous tenses

Date: _____

Past Simple	Past Continuous
<p>Usage:</p> <ul style="list-style-type: none">• actions completed in the past I played football last Friday.• past habits or routines I played football when I was a child.	<p>Usage:</p> <ul style="list-style-type: none">• an ongoing action in the past which is interrupted by another action I was studying when my father came.• parallel actions While I was studying, my mother was washing the dishes.• an ongoing action at a specific time in the past At 4 pm last Tuesday, I was working in the office.
<p>Affirmative sentence</p> <p>Subject+ past verb</p> <p>She wrote a letter.</p>	<p>Affirmative sentence</p> <p>S. + (was/were) + verb + ing</p> <p>She was studying.</p>
<p>Negative sentence</p> <p>Subject + didn't + verb (base form)</p> <p>She did not write a letter.</p>	<p>Negative sentence</p> <p>S. + (wasn't/weren't) + v. + ing</p> <p>She wasn't studying.</p>
<p>Interrogative sentence</p> <p>Did + subject + verb</p> <p>Did she write a letter?</p>	<p>Interrogative sentence</p> <p>(Was/Were) + s. + v. + ing</p> <p>Was she studying?</p>

- Spelling Rules
- Past Simple Tense

spelling rules	examples	
1. base form + ed	cook - cooked	push - pushed
2. ending in -e , add -d	live - lived	stare - stared
3. ending in vowel + y , add -ed	play - played	stay - stayed
4. ending in consonant + y , change y to i and add ed	copy - copied	carry - carried
5. ending in CVC , double the last consonant, then add (-ed)	plan - planned	scan - scanned
6. irregular verbs	refer to page	

Verbs end in CVC (rule 5)

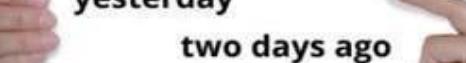
grab - grabbed	grin - grinned
drag - dragged	trim - trimmed
clap - clapped	drip - dripped
chat - chatted	knit - knitted
rub - rubbed	pit - pitted
plug - plugged	flip - flipped

Past Continuous Tense

spelling rules	examples
1- add -ing	work - working study- studying
2- ending in consonant + e ,delete (-e) add (-ing)	dance - dancing smile -smiling
3- ending in CVC , double the last consonant, then add (-ing)	knit -knitting plan-planning
4- ending with (-ie) , change the (-ie) into (y) then add (-ing)	lie lying tie tying

Time clues

Past Simple



- yesterday
- two days ago
- five years ago
- the day before yesterday
- last year
- in 2019
- in December

Past Continuous

- at nine o'clock yesterday
- from 4 to 7 yesterday
- this time yesterday
- all day yesterday
- all night
- all the morning
- while
- all week
- as

- **Test your prior knowledge.**

1. Use the rules to complete each sentence by changing the verb in brackets to the past simple tense.

- a. Karl painted (paint) the doors last weekend.
- b. The teacher waved (wave) at me in the corridor yesterday.
- c. Last Monday, the student scanned (scan) the worksheets before the test.
- d. A year ago, the earthquake destroyed (destroy) all the bridges and railways.
- e. She fried (fry) three eggs for breakfast three days ago.
- f. My parents slept (sleep) late last night.

Let's Practice!

1. Write the verbs in brackets in the past simple tense correctly.

- a. Kim copied (copy) the text clearly and neatly yesterday.
- b. I replied (reply) to all the questions in the exam before yesterday.
- c. The world prayed (pray) for peace last Friday.
- d. My mother drove (drive) me to the hospital last week when I fell down.
- e. Did your sister buy (buy) a house a month ago?
- f. My parents didn't (did not) sleep (not/sleep) late last night.

g. We broke (break) all the rules and got punished last Tuesday.

h. Did your brother do (do) his homework in the afternoon?

i. I lost my keys the day before yesterday. (lose)

j. The students wrote the answers in the copybook last session.
(write)

k. Last weekend, the weather wasn't (was not) (not/be) very pleasant so we didn't (did not) go (not/go) to the beach.

l. My Friends were (be) absent three days ago.

m. Pamela threw (throw) the ball and scored 2 points last Friday.

n. Sami and I had (have) to finish our homework before we went to the cinema.

o. Last summer, my friend and I travelled (travel) around the south of France. We really enjoyed (enjoy) ourselves.

p. Did you cry (cry) at the end of the film? I thought it was really sad.

q. You chatted (chat) to her yesterday.

r. I sent (send) my grandmother an email yesterday with a photo but she didn't (did not) know (not/know) how to open the attachment!

s. My mobile phone fell (fall) on the floor last night but the screen didn't (did not) break (not/break). That was lucky!

t. I didn't (did not) see (not/see) the accident. It all happened (happen) very quickly.

u. My PC was making a strange noise so I stopped (stop) using it.

v. Were (be) your friends happy with the project results?

- **Test your prior knowledge**

1. Write the -ing form of the verbs.

1. attach attaching

2. tie tying

3. run running

4. die dying

5. give giving

6. get getting

7. delete deleting

8. clap clapping

9. upload uploading

10. think thinking

11. win winning

12. spot spotting

13. serve serving

14. realise realising

2. Complete the sentences with the past continuous form of the verbs in brackets.

a. I was making (make) my dinner at 8 o'clock last night.

b. Paula was coming (come) home from school when she saw an accident.

c. He was opening (open) the box when he cut his finger.

d. I was doing (do) my homework while my sister was watching (watch) TV.

Let's Practice!

1. Complete the sentences with the past simple or the past continuous form of the verbs in brackets.

- a. My dad was listening (listen) to classical music when I arrived (arrive) home from school.
- b. When we left (leave) school yesterday, it was pouring (pour) with rain.
- c. I was trying (try) to log on when the Wi-Fi stopped (stop) working.
- d. I was singing (sing) while I was going (go) down the stairs.
- e. He was driving (drive) very fast when he had (have) the accident.
- f. While the men were doing (do) the gardening, she was reading (read) the newspaper.
- g. It wasn't snowing (not/snow) when I left (leave) home.
- h. This morning, I got (get) up and made (make) breakfast for everybody.
- i. When I saw (see) her, she was wearing (wear) a really nice purple dress.
- j. Last Saturday, we got (get) up late but we didn't (did not) miss (not/miss) the train.
- k. They were setting (set) the table while she was cooking (cook) the meal.

1. I was sleeping (sleep) happily when a loud noise woke (wake) me up.
- m. What were they doing (do) at 10 pm last night?
- n. I was sitting (sit) in the café when you called (call).
- o. Yesterday, I went (go) to the library. Next, I had (have) a swim. Later, I met (meet) Jolie for coffee.
- p. While I was studying (study), I suddenly felt (feel) sleepy.
- q. While my sister was sleeping (sleep), I was making (make) a cake.
- r. Tom wasn't paying (not/pay) attention while she was talking (talk).
- s. Where was he going (go) when you saw him?
- t. What were the kids eating (eat) at 8 pm yesterday?

2. Change the following affirmative sentences into the interrogative form and into the negative form.

a. Sami brought pizza for dinner yesterday.

(inter.) Did Sami bring pizza for dinner yesterday?

(neg.) Sami didn't (did not) bring pizza for dinner yesterday.

b. John was sleeping on the swing.

(inter.) Was John sleeping on the swing?

(neg.) John wasn't (was not) sleeping on the swing.

c. The children sang the songs happily.

(inter.) Did the children sing the songs happily?

(neg.) The children didn't (did not) sing the songs happily.

d. The gardener was digging in the garden.

(inter.) Was the gardener digging in the garden?

(neg.) The gardener wasn't (was not) digging in the garden.

e. The boy came in late.

(inter.) Did the boy come in late?

(neg.) The boy didn't (did not) come in late.

f. I was looking for my lost earrings.

(inter.) Was I looking for my lost earrings?

(neg.) I wasn't (was not) looking for my lost earrings.

g. Sam swept the floor two times yesterday.

(inter.) Did Sam sweep the floor two times yesterday?

(neg.) Sam didn't (did not) sweep the floor two times yesterday.

h. The kids were enjoying their meals that afternoon.

(inter.) Were the kids enjoying their meals that afternoon?

(neg.) The kids weren't (were not) enjoying their meals that afternoon.

3. Write a paragraph describing an event in the past.

Student's own answer

Study Sheet: Irregular Verbs

	Infinitive	Past		Infinitive	Past
1	be	was / were	38	deal	dealt
2	see	saw	39	dream	dreamt (dreamed)
3	beat	beat	40	feel	felt
4	bite	bit	41	keep	kept
5	break	broke	42	learn	learnt (learned)
6	choose	chose	43	leave	left
7	drive	drove	44	lose	lost
8	eat	ate	45	mean	meant
9	fall	fell	46	meet	met
10	forget	forgot	47	can	could
11	forgive	forgave	48	cost	cost
12	freeze	froze	49	cut	cut
13	give	gave	50	hit	hit
14	hide	hid	51	hurt	hurt
15	ride	rode	52	let	let
16	rise	rose	53	put	put
17	wake	woke	54	dig	dug
18	write	wrote	55	hang	hung
19	become	became	56	drink	drank
20	come	came	57	ring	rang
21	begin	began	58	run	ran

22	do	did	59	feed	fed
23	go	went	60	find	found
24	blow	blew	61	get	got
25	draw	drew	62	have	had
26	fly	flew	63	hear	heard
27	grow	grew	64	read	read
28	know	knew	65	hold	held
29	bring	brought	66	lead	led
30	buy	bought	67	lay	laid
31	catch	caught	68	make	made
32	fight	fought	69	pay	paid
33	seek	sought	70	say	said
34	build	built	71	sell	sold
35	burn	burnt (burned)	72	understand	understood
36	send	sent	73	take	took
37	speak	spoke	74	have/has	had