

Worksheet 1: The Past simple and the past continuous tenses

Date: _____

Past Simple	Past Continuous
<p>Usage:</p> <ul style="list-style-type: none"> • actions completed in the past I played football last Friday. • past habits or routines I played football when I was a child. 	<p>Usage:</p> <ul style="list-style-type: none"> • an ongoing action in the past which is interrupted by another action I was studying when my father came. • parallel actions While I was studying, my mother was washing the dishes. • an ongoing action at a specific time in the past At 4 pm last Tuesday, I was working in the office.
<p>Affirmative sentence</p> <p>Subject+ past verb</p> <p>She wrote a letter.</p>	<p>Affirmative sentence</p> <p>S. + (was/were) + verb + ing</p> <p>She was studying.</p>
<p>Negative sentence</p> <p>Subject + didn't + verb (base form)</p> <p>She did not write a letter.</p>	<p>Negative sentence</p> <p>S. + (wasn't/weren't) + v. + ing</p> <p>She wasn't studying.</p>
<p>Interrogative sentence</p> <p>Did + subject + verb</p> <p>Did she write a letter?</p>	<p>Interrogative sentence</p> <p>(Was/Were) + s. + v. + ing</p> <p>Was she studying?</p>

➤ Spelling Rules

➤ Past Simple Tense

spelling rules	examples
1. base form + ed	cook - cooked push - pushed
2. ending in -e, add -d	live - lived stare - stared
3. ending in vowel + y, add -ed	play - played stay - stayed
4. ending in consonant + y, change y to i and add ed	copy - copied carry - carried
5. ending in CVC, double the last consonant, then add (-ed)	plan - planned scan - scanned
6. irregular verbs	refer to page

Verbs end in CVC (rule 5)

grab - grabbed	grin - grinned
drag - dragged	trim - trimmed
clap - clapped	drip- dripped
chat - chatted	knit -knitted
rub-rubbed	pit- pitted
plug - plugged	flip - flipped

Past Continuous Tense

spelling rules	examples
1- add -ing	work - working study- studying
2- ending in consonant + e ,delete (-e) add (-ing)	dance - dancing smile - smiling
3- ending in CVC , double the last consonant, then add (-ing)	knit - knitting plan- planning
4- ending with (-ie) , change the (-ie) into (y) then add (-ing)	lie lying tie tying

Time clues

Past Simple


 yesterday
 two days ago
 five years days ago
 the day before yesterday
 last year in 2019 in December
 

Past Continuous


 at nine o'clock yesterday
 from 4 to 7 yesterday
 this time yesterday
 all day yesterday
 all night all the morning
 while all week as
 

- **Test your prior knowledge.**

1. Use the rules to complete each sentence by changing the verb in brackets to the past simple tense.

- a. Karl _____(paint) the doors last weekend.
- b. The teacher _____(wave) at me in the corridor yesterday.
- c. Last Monday, the student _____(scan) the worksheets before the test.
- d. A year ago, the earthquake _____(destroy) all the bridges and railways.
- e. She _____(fry) three eggs for breakfast three days ago.
- f. My parents _____(sleep) late last night.

Let's Practise!

1. Write the verbs in brackets in the past simple tense correctly.

- a. Kim _____(copy) the text clearly and neatly yesterday.
- b. I _____(reply) to all the questions in the exam before yesterday.
- c. The world _____(pray) for peace last Friday.
- d. My mother _____(drive) me to the hospital last week when I fell down.
- e. _____your sister _____(buy) a house a month ago?
- f. My parents _____(not/sleep) late last night.

- g. We _____(break) all the rules and got punished last Tuesday.
- h. _____your brother _____(do) his homework in the afternoon?
- i. I _____my keys the day before yesterday. (lose)
- j. The students _____the answers in the copybook last session. (write)
- k. Last weekend, the weather _____(not/be) very pleasant so we _____(not/go) to the beach.
- l. My Friends _____(be) absent three days ago.
- m. Pamela _____(throw) the ball and scored 2 points last Friday.
- n. Sami and I _____(have) to finish our homework before we went to the cinema.
- o. Last summer, my friend and I _____(travel) around the south of France. We really _____(enjoy) ourselves.
- p. _____you _____(cry) at the end of the film?
I thought it was really sad.
- q. You _____(chat) to her yesterday.
- r. I _____(send) my grandmother an email yesterday with a photo but she _____(not/know) how to open the attachment!
- s. My mobile phone _____(fall) on the floor last night but the screen _____(not/break). That was lucky!

- t. I _____(not/see) the accident. It all _____ (happen) very quickly.
- u. My PC was making a strange noise so I _____(stop) using it.
- v. _____(be) your friends happy with the project results?

• **Test your prior knowledge**

1. Write the -ing form of the verbs.

1. attach _____ 2. tie _____ 3. run _____
4. die _____ 5. give _____ 6. get _____
7. delete _____ 8. clap _____ 9. upload _____
10. think _____ 11. win _____ 12. spot _____
13. serve _____ 14. realise _____

2. Complete the sentences with the past continuous form of the verbs in brackets.

- a. I _____(make) my dinner at 8 o'clock last night.
- b. Paula _____(come) home from school when she saw an accident.
- c. He _____(open) the box when he cut his finger.
- d. I _____(do) my homework while my sister _____(watch)TV.

Let's Practise!

1. Complete the sentences with the past simple or the past continuous form of the verbs in brackets.

- a. My dad _____ (listen) to classical music when I _____ (arrive) home from school.
- b. When we _____ (leave) school yesterday, it _____ (pour) with rain.
- c. I _____ (try) to log on when the Wi-Fi _____ (stop) working.
- d. I _____ (sing) while I _____ (go) down the stairs.
- e. He _____ (drive) very fast when he _____ (have) the accident.
- f. While the men _____ (do) the gardening, she was _____ (read) the newspaper.
- g. It _____ (not/snow) when I _____ (leave) home.
- h. This morning, I _____ (get) up and _____ (make) breakfast for everybody.
- i. When I _____ (see) her, she _____ (wear) a really nice purple dress.
- j. Last Saturday, we _____ (get) up late but we _____ (not/miss) the train.
- k. They _____ (set) the table while she _____ (cook) the meal.

l. I _____(sleep) happily when a loud noise _____(wake)me up.

m. What _____they _____(do) at 10pm last night?

n. I _____(sit) in the café when you _____(call).

o. Yesterday, I _____(go) to the library. Next, I
_____ (have) a swim. Later, I _____(meet) Jolie for
coffee.

p. While I _____(study),I suddenly _____(feel) sleepy.

q. While my sister _____(sleep), I _____ (make) a cake.

r. Tom _____(not/pay) attention while she _____(talk).

s. Where _____ he _____(go) when you saw him?

t. What _____the kids _____(eat) at 8 pm yesterday?

2. Change the following affirmative sentences into the interrogative form and into the negative form.

a. Sami brought pizza for dinner yesterday.

(inter.) _____

(neg.) _____

b. John was sleeping on the swing.

(inter.) _____

(neg.) _____

c. The children sang the songs happily.

(inter.) _____

(neg.) _____

d. The gardener was digging in the garden.

(inter.) _____

(neg.) _____

e. The boy came in late.

(inter.) _____

(neg.) _____

f. I was looking for my lost earrings.

(inter.) _____

(neg.) _____

g. Sam swept the floor two times yesterday.

(inter.) _____

(neg.) _____

h. The kids were enjoying their meals that afternoon.

(inter.) _____

(neg.) _____

3. Write a paragraph describing an event in the past.

Study Sheet: Irregular Verbs

	Infinitive	Past		Infinitive	Past
1	be	was / were	38	deal	dealt
2	see	saw	39	dream	dreamt (dreamed)
3	beat	beat	40	feel	felt
4	bite	bit	41	keep	kept
5	break	broke	42	learn	learnt (learned)
6	choose	chose	43	leave	left
7	drive	drove	44	lose	lost
8	eat	ate	45	mean	meant
9	fall	fell	46	meet	met
10	forget	forgot	47	can	could
11	forgive	forgave	48	cost	cost
12	freeze	froze	49	cut	cut
13	give	gave	50	hit	hit
14	hide	hid	51	hurt	hurt
15	ride	rode	52	let	let
16	rise	rose	53	put	put
17	wake	woke	54	dig	dug
18	write	wrote	55	hang	hung
19	become	became	56	drink	drank
20	come	came	57	ring	rang
21	begin	began	58	run	ran

22	do	did	59	feed	fed
23	go	went	60	find	found
24	blow	blew	61	get	got
25	draw	drew	62	have	had
26	fly	flew	63	hear	heard
27	grow	grew	64	read	read
28	know	knew	65	hold	held
29	bring	brought	66	lead	led
30	buy	bought	67	lay	laid
31	catch	caught	68	make	made
32	fight	fought	69	pay	paid
33	seek	sought	70	say	said
34	build	built	71	sell	sold
35	burn	burnt (burned)	72	understand	understood
36	send	sent	73	take	took
37	speak	spoke	74	have/has	had