

## 8Aa Nutrients workbook page 4

Q1- What you eat.

Q2- b- 9.2 g

c- 4.0 g

d -6.4 g

e -minerals, vitamins (or named examples of these)

f -for growth, for repair, for energy

g- glucose/sucrose

h- To stop intestines getting blocked/to stop constipation/to keep food moving through the gut.

Q3- From top:

fat

Biuret solution

turns (orange to) blue-black.