

## Student's Book p.20

### Practice Worksheet

I. Tick (✓) the correct box beside each sentence.

|   | True                     | False                    |
|---|--------------------------|--------------------------|
| The skeleton supports and protects our body.                        | ✓                        | <input type="checkbox"/> |
| We can move our body without the help of muscles.                   | <input type="checkbox"/> | ✓                        |
| It is important to move our bodies to keep healthy.                 | ✓                        | <input type="checkbox"/> |
| A vertebrate has no backbone.                                       | <input type="checkbox"/> | ✓                        |
| A key can be used to identify living things.                        | ✓                        | <input type="checkbox"/> |
| An exoskeleton is found on the outside of an animal such as a crab. | ✓                        | <input type="checkbox"/> |

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2. Which part of the skeleton protects the brain?

Circle the correct answer.

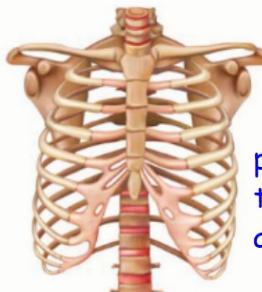


supports the upper body

backbone



skull



rib cage



protects the heart and lungs



hip

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3. Fill in the blanks. Use words from the boxes.

contract

down

muscles

stronger

**Muscles** are needed for movement. Muscles in our arms

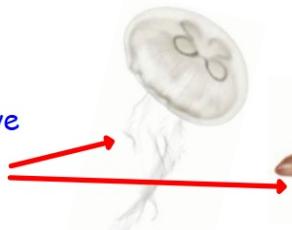
**contract** and relax to move our arms up or **down**. When we exercise and move our bones and muscles, they become **stronger**.

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4. Which of these animals have an exoskeleton? Circle them.



invertebrate  
but does not have  
an exoskeleton



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5. Circle the **two** correct answers.

1) an exoskeleton is found on the inside of the body

2) muscles work in pairs

3) our skeleton gives our body its shape