

How Can We Use Medicines Safely? **Student's Book p.33**

All medicines come with instructions. It is important to read and follow the instructions. Medicines can be dangerous if you take too much of them. An adult or a trained doctor, nurse or pharmacist will let you know the correct amount or dose of medicine you should take.



Use a dosing cup or oral syringe to measure doses in millilitres. Spoons cannot measure medicine accurately as they come in different sizes.

measuring/dosing cup



15 ml

syringe



4ml

tablespoon



?? ml

Can you tell how much medicine is in each picture?



Do not take someone else's medicine.
It can make you more ill.